

## PREMARITAL SEX – WHAT’S THE BIG DEAL? A 5-Day Study For The Dating Couple

Look up and read the following scriptures together.  
Then ask each other:

- A. **What does this say?** Do we understand the facts, setting, when, where, who?
- B. **What does this mean?** What was the author trying to say? What truth from God is being communicated?
- C. **What does this mean to us and for us?** What do we need to change or ask God to strengthen us to do if we want to do it God’s way and get his full blessing?

### Day 1

Sex is **God’s great gift** to **married couples** for them to enjoy

- With the right person (husband or wife)
- At the right time (after marriage)
- For the right reasons (pleasure and procreation).  
*Gen. 2:20-25; 1Cor. 7:3-5; Prov. 5:15-20;*  
*Heb. 13:4; 1 Thess. 3:12-13*

### Day 2

**God will give strength to resist** the temptation of premarital sex. *1 Cor. 10:13, Psalm 119:9-11, James 1:13-15*

**Day 3** God prohibits premarital sexual relations because **He wants to protect us:**

- A. **God wants to protect our courtship**  
Premarital sex leads to the early break-up of courtships. *2 Samuel 13:13-17*
- B. **God wants to protect our future marriage.**  
Premarital sex promotes distrust and suspicion.

C. **Premarital sex demonstrates immaturity, and lack of self-control.**

**God says love is patient** *1Cor. 13:1-7*

**Not “I love you, so let’s do it now.”** *1 Thess. 4:3-8*

**Premarital sex spoils the honeymoon.**

It’s like opening the present before Christmas. Waiting helps our sexual adjustment. It gives us a clear conscience and demonstrates control.

**Premarital sex blinds us to real issues in a developing relationship** sometimes leading to a poor decision in choosing a mate.

### Day 4

A. **God wants to protect our bodies.**

Premarital sex is a sin against our body.

*1 Cor. 6:18, Rom. 1:18-27*

Venereal disease and AIDS is an illustration of this.

B. **God wants to protect our emotional life.**

Premarital sex produces guilt which affects our emotions. *Psalm 32:3-4*

**But, praise God**, if this has already happened, then God is faithful and guilt can be cleansed by forgiveness. Jesus said, “Go now and leave your life of sin.” *John 8:11 and John 1:9*

### Day 5

A. **God wants to protect our spiritual life.**

Our bodies are the temple of the Holy Spirit – Jesus lives in us. *1 Cor. 6:15-19*

B. **God wants to protect our respect for authority.**

Premarital sex disregards God’s standard/laws. *Col. 3:5-10, Eph. 5:3, Gal. 5:16-21, Rom. 13:11-14; Deut. 22:20-29*